

# Lemon Sorbet with Puréed Blackberries

When you need a quick, low calorie dessert that cleanses the pallet instead of weighting you down after a heavy meal or to go with a light meal, this is a great choice. Buy a container of quality lemon sorbet and some fresh or frozen blackberries.



## Ingredients:

- 1 pint of lemon sorbet
- 8 oz. of blackberries
- 4 sprigs of mint

## Equipment

- Blender
- Ice cream scoop

## Lemon Sorbet with Blackberries

<input checked="" type="checkbox"/>	Directions	Time (min)
	Scoop sorbet into small bowls. Set on counter to soften at room temperature.	2
	Reserve two blackberries per dish	1
	In a blender, purée remaining blackberries	2
	Pour purée over sorbet	1
	Garnish with whole blackberries and a sprig of mint	1
	Total	7